

Summer '23 MENTAL TOUGHNESS TUESDAYS

**FOR YOUTH ELITE PERFORMERS
AND THEIR PARENTS/COACHES**



Tuesdays, May 30-Aug 29, 2023

08:00 AM to 08:45 AM Mountain Time on Zoom

Mental Performance Training
Hosted on Zoom by
High Performance Coach Zach Bloom

DISCUSSIONS AND INSIGHTS

DISCOVER SECRET STRATEGIES

What do the greatest players of all time have in common? And what was their path?

AVOID HIDDEN OBSTACLES

Why so many great players DON'T make it to the highest levels of the game.

ACHIEVING DREAMS & BEYOND

What happens AFTER you achieve the big dreams and goals you set for yourself?



FREE Q+A SESSIONS WITH SPECIAL GUESTS SPEAKERS:

Ryan Cruthers
Asst. Coach, Sioux
Falls Stampede
(USHL - Jr. A)



June 6

Dave Carle
Head Coach,
Univ. of Denver
(NCAA - Div. I)



June 13

Pierre Turgeon
500+ NHL goals,
Fmr. Asst. Coach,
LA Kings



Date TBD



REGISTRATION

www.ZachBloom.com/MTT

More information:
Call (303) 356-9935